

The 2019 Mahoning Valley Junior High **Cross Country Championships - Tuesday, 10/8**



On Tuesday, October 8th the McDonald CC Program will host the 13th Annual Mahoning Valley Junior High Championships on its home course in scenic and challenging Woodland Park. The course features *Billy Goat Hill*, a steep incline that occurs in the final quarter mile of the course.

Race times will be 4:45 for Boys and 5:15 for the Girls. An awards ceremony will follow at the park pavilion.

Awards will be presented to the top 2 teams and the top 15 individuals in each race. The entry fee will be **\$60 per boys or girls team (\$120 for both.)** Teams can enter as many runners as they wish and need to submit their roster on Baumspage.com. Individual runners will be charged \$10.

Checks should be made payable to McDonald Local Schools and should be sent to 600 Iowa Ave.; McDonald, OH 44437 Attn: Athletic Director.

Please e-mail Bill Koppel at wmkoppel@gmail.com

with questions or to sign up.

Rosters Due! To enter your team in the 2019 MVJH Championships, you need to submit your roster on baumspage.com by Friday, October 4th by 3:00 pm.